

### VEHICLE SAFETY KIT CHECKLIST

### **Basic Necessities**

- □ Cell phone, charged
  - □ Keep a <u>cell phone charger</u> with appropriate charging cables <u>Lightning</u>, <u>micro-USB</u>, and <u>USB-C</u> will cover most modern needs, but make sure you have other cables if necessary
- □ Emergency phone numbers on laminated card
- ICE (In Case of Emergency) Card with relevant medical information for each family member
- AAA or other roadside emergency card
- ☐ First aid kit (check out the Gentleman Spy First Aid Checklist for more information)
  - □ Supplies for specific conditions: prescription medications, <u>Epi-Pen</u>, <u>AED</u>, <u>oxygen</u>
- ☐ Fire extinguisher choose <u>dry chemical</u> (less expensive) or <u>Halotron</u> (better, but expensive)
- Jumper cables
- □ Warning triangles, flares, or lights
  - → Most commercial kits only include one triangle or flare; it's better to have 2-3 or more
- Tire gauge
- ☐ Tire sealant (<u>Fix-A-Flat</u>, a <u>tire patch kit</u> and <u>compressor</u> to inflate your tires, or all three)
- □ LED <u>flashlight(s)</u> (good) or <u>headlamp(s)</u> (better); keep at least one set of spare batteries as well
- □ Gloves
  - Mechanix or leather work gloves
  - Nitrile gloves
- □ Rags or paper towels
- Multi-tool (Leatherman, Gerber, or similar)
  - → Even better: a small tool kit with <u>screwdriver(s)</u>, <u>needle nose pliers</u>, <u>adjustable pliers</u>, <u>wire cutters</u>, <u>adjustable wrench</u>, <u>vise grips</u>, <u>socket set</u>, and anything else you think you need.
- □ Knife
  - → A basic fixed-blade knife with a 3-6" blade for general utility work. <u>Cold Steel</u>, <u>ESEE</u>, Fallkniven (F1 or S1), <u>Morakniv</u>, <u>Ontario</u>, and others all offer excellent choices.
- Duct Tape, zip ties, and bailing wire
- Tow strap and shackles (and/or a hitch-mount shackle)
  - → Rope and chains are a poor substitute for purpose-made tow straps
- Poncho or other rain wear
  - → If possible, have 2 or more ponchos for a significant other, friend, or family member
- □ Water
  - ightarrow 1 gallon minimum; work towards 1 gallon, per person, per day, for at least three days
- Food
  - → Non-perishable food. Energy bars, granola, trail mix, etc.
  - Manual can opener is a good idea, even if you don't bring canned food with you

### Winter Essentials

- □ Blanket(s)
  - → One blanket or sleeping bag for every person that regularly rides in the vehicle
  - → <u>Wool</u> is better than cotton or synthetic as it breathes well and is naturally fire retardant
- Shovel
  - → Generally a good idea regardless of the weather; good for snow and sand
- □ Ice scraper
- □ Kitty litter or coarse salt
- Change of clothes
  - → Seasonally dependent; have a change of clothes and footwear appropriate for spending an extended amount of time outside the vehicle in the current weather conditions



# VEHICLE SAFETY KIT CHECKLIST

## **Beyond the Basics**

Most of these will come in handy throughout general life scenarios and are a good idea to keep around. What you add will be dependent on your vehicle and your lifestyle.

#### Personal

	i ci sonai
	Toilet paper  → Take the cardboard out and flatten it to save space; store it in a zip-lock bag to keep it dry
	Kleenex/tissue paper
	Hand sanitizer
	Baby wipes
	Small bag of toiletries (enough for you to take a shower and fully clean up anytime, anywhere)  □ Toothbrush □ Toothpaste
	□ Dental floss
	□ Soap
	□ Shampoo/conditioner
	□ Hair brush
	Deodorant
	Feminine products
	→ Tampons, pads, or both (ask your wife, girlfriend, daughter, etc. what she uses and get that, not random junk; women are particular about these things)
Vehicle	
	Jump start pack
	<u>Power inverter</u>
	<u>Tire chains</u>
	Siphon pump
	Reflective safety vest
	Window washer fluid
	Oil
	Anti-freeze
Survival	
	Water filter
	$\rightarrow$ <u>Bags</u> , <u>bottles</u> , <u>hydration packs</u> , or some other way to carry the water you've filtered
	Emergency radio (NOAA Weather Radio, Weatheradio Canada, etc.)
	→ Upgrade pick: <u>ham radio</u> for communication plus news and weather radio alerts
	Reflective/high visibility <u>survival blanket</u> or <u>bivvy</u>
	<u>Tarp</u>
	Paracord (50+ meters worth)
	Fire starters
	→ Bic lighters, matches, BlastMatch, tinder, etc.
	Binoculars
	Change of clothes for each family member (seasonally dependent)
	→ Don't forget underwear and socks
	Broken in boots or sturdy shoes for each family member
	Wide-brim hat
	N95 respirators (one or more for every family member)
	Backpack to carry everything